

### **The A.T. Guide 2013 Sobo Updates 8/28/2013**

- \*Pg. 9:** A stay at White House Landing now includes breakfast and dinner, and prices have been increased to \$59 for bunkroom and \$69 for a semi-private room. All meals are for guests only.
- \*Pg. 16-17: 100 Mile Wilderness** available by reservation only; supplies not yet on-site. **Shaw's** breakfast is not AYCE. **Lakeshore House** private room prices are \$45S/60D. **Monson General Store** has closed.
- Pg. 25:** Little Red Hen hours Tu-Th 6:30am-2pm, F-Sat 6am-8pm, Sun 7am-2pm, closed Monday. AYCE Pizza on Sat. They have WiFi and a few resupply snacks. Mills Market (east of General Store) open 7 days 5am-9pm. Casablanca Cinema in Bethel, ME has closed.
- Pg. 41:** Mt. Liberty Motel is \$79; sometimes less on low-demand nights.
- \*Pg. 42-43:** Mt. Cube Sugar Farm does not have short term resupply. Hikers Welcome Hostel prices are \$20 for bunk and \$15 for tenting.
- Pg. 47:** Mountain Goat Outfitter of Hanover has gone out of business.
- Pg. 64:** \*New\* Gear Den 413-458-7990 Consignment store specializing in gently used outdoor clothing and gear. Small inventory of new backpacking supplies including books maps and clothing. Fuel/oz and canister fuel. Camping allowed in back of the store next to the Green River. Maildrops: 130 Water St. Williamstown, MA 01267. (former location of Mountain Goat)
- Pg. 77-82:** Martin and Donna Hunley 845-505-1671 or 845-546-1832. Shuttle range RPH Shelter to Kent, CT.
- Pg. 78:** Cornwall General Store and Jim's Tall Order have closed; new owners expect to reopen general store in August.
- \*Pg. 79:** Kent Laundromat – hikers are not welcome.
- Pg. 92:** Pitchfork Deli has been added to Heaven Hill Farm. The deli serves B/L 7am-4pm.
- Pg. 102:** Sunny Rest Resort 610-377-2911 Clothing optional resort 2 miles outside of Palmerton, rides sometimes available. Hotel rooms \$84-114 weekdays, day visit \$44/couple; prices higher on weekends. Camping \$71. Restaurant (B/L/D), nightclub, two heated pools, outdoor bar, volleyball, nature trails, WiFi. 425 Sunny Rest Rd, Palmerton, PA.
- Pg. 94:** Blue Mountain Lakes Rd (mi. 878.8) has re-opened.
- Pg. 98:** The unmarked trail to Metallica Spring (sobo 928.0) is overgrown and the water has been deemed unsafe to drink. Please do not count on this water source.
- Pg. 117:** Henicles Market and Leroy's BBQ have closed.
- Pg. 123:** Cascade PO hours reduced to: M-F 10-1 & 2-5, Sa 8-12
- Pg. 126-127:** \*New\* Stonybrook Organic Farm 703-622-7526 (Matt or Ron) 37091 Charlestown Pike, Hillsboro, VA 20132, 2mi. east from Keys Gap. Full day work-for-stay includes shower, laundry and meals. Free pick-up and return from Harpers Ferry, Keys Gap (1173.2), Blackburn Trail Center (1179.4) or Bears Den (1187.3).
- Pg. 130:** Bluemont PO hours reduced to: M-F 10-1 & 2-5, Sa 8:30-12
- Pg. 134:** Yellow Cab of the Shenandoah 540-692-9200 serves all of SNP (24/7). Pet friendly, accepts CC.
- Pg. 134:** The new reservations website for Shenandoah Resorts is GoShenandoah.com
- Pg. 143:** \*New\* Devils Backbone Brewpub 434-361-1001 5.0E from Reeds Gap (sobo 1347.7) on Rte. 664, at intersection with Patrick Henry Hwy (151). Open 11:30 to 9 seven days, later on weekends. Serves L/D and sometimes hiker-only breakfast for \$5. Hikers welcome to camp on-site. Pickup rarely available, but morning return ride often provided.
- Pg. 144:** \*New\* Stanimal's Hostel 540-290-4002, [AdamStanley06@gmail.com](mailto:AdamStanley06@gmail.com) Limited capacity hostel in quiet area, not a party place. Rides available from trail angel network, or call for pickup and return. Shuttles also available. WiFi, laundry, and mail services. Optional AYCE breakfast and dinner. Maildrops: 328 Lee Drive, Waynesboro, VA 22980.
- Pg. 147:** Brown Mountain Creek Shelter mileage should be 1385.6 sobo, 800.3 nobo
- Pg. 148:** Brierley Hill B&B will have new owners on Feb. 28. It is expected that hikers will still be welcome. Call to confirm rates and policies.
- Pg. 153:** Peaks of Otter Lodge and Restaurant 540-586-1081 has reopened. Bearwallow Gap trailhead is on VA 43. To get to resort, go 0.1E to the Blue Ridge Parkway (overpass), then follow BRP to the left 5.0 miles. Motel rooms \$126 weekdays, \$136 weekends, higher in fall. Restaurant open for B/L/D. Sunday buffet breakfast. Some supplies at camp store. Closes Dec. 15 and reopens in spring. Camping managed separately, 540-586-7321, \$16.
- Pg. 157:** The phone number for Super Val-U in Newport is 540-544-7702 (not 7202).
- Pg. 157:** Catawba PO hours reduced to: M-F 9-12:30, 2:30-5, Sa 8:30-10:30
- Pg. 162:** The Rendezvous Hotel has burned down.
- Pg. 162:** Plaza Hotel's address is 415 North Main St. (add "North")
- Pg. 170:** Skip 276-783-3604 shuttles by appointment covers from Damascus to Pearisburg, centered in Atkins
- Pg. 170:** Atkins PO hours reduced to: M-F 8:30-12:30 & 1:45-3:45, Sa 9-10:45
- Pg. 171:** Creekside Restaurant & Store in Troutdale was never built. Fox Creek Store is four miles further down route 16; trail angels
- \*Pg. 175:** Crazy Larry can now accommodate 4 hikers (6 in a crunch) and allows tenting in the yard. Laundry, breakfast and use of kitchen included with stay. Laundry \$5 for non-guests.
- \*Pg. 178:** Icehouse Saloon has closed. Hampton, TN: Compucraft (Laundromat) now has bunkrooms and a short-order grill.
- Pg. 178:** Hampton, TN: Compucraft (Laundromat) now has bunkrooms and a short-order grill.
- Pg. 186-187:** Erwin, TN: Uncle Johnny's private cabin for 2 costs \$45 (not \$40). IGA at north end of town has closed. NetTrans 423-461-8288 (<[www.NetTrans.org](http://www.NetTrans.org)>) Erwin Connex on-demand service to Walmart \$2. Regularly-scheduled shuttles from Walmart to Johnson City \$3 @ 6 times daily.
- Pg. 188:** \*New\* Mother Marian's Hostel 828-680-9944 or 828-231-2731 Limited capacity hostel with free pickup and return from Sams Gap or Big Bald. \$20pp for bunk or \$50 for double private room. WiFi, TV with Netflix, laundry (\$4) and a range of meal offerings. Open all year, credit and debit cards accepted.
- Pg. 192:** Maildrop address for Hostel at Laughing Heart is: 289 NW US Hwy 25/70 (add "NW").
- Pg. 193:** The on-line permit system for the Smokies is here: <https://smokiespermits.nps.gov/>. Permits may be printed for free at Nantahala Outdoor Center and at the Fontana Village Lodge.
- Pg. 193:** \*New\* Highlands Shuttle Service (Ron McGaha) 423-625-0739 or 865-322-2752 [mdron@bellsouth.net](mailto:mdron@bellsouth.net), shuttles from Standing Indian (NC) to Damascus, VA. Also pick up/drop off at Knoxville and Asheville airports and bus stations.
- Pg. 198:** Roger Bailey LMT 865-250-0676, Gatlinburg. Special hiker rate \$50 for one-hour massage.
- Pg. 200:** Microtel in Cherokee, NC no longer offers shuttles. Newfound Gap Road (441) has reopened.
- Pg. 200:** \*New\* Buffalo Creek B&B 828-479-3892, [RobMason@rocketmail.com](mailto:RobMason@rocketmail.com) Hiker rate (no drive-ins) \$70 for single or double includes pickup and return from Stecoah Gap or Fontana Dam, a resupply stop in Robbinsville, laundry and breakfast. Open April-October, call for availability in other months. The B&B offers WiFi and you may print your Smokies permit here.
- Pg. 207:** Aquone Hostel picks up at Wayah Gap (NoBo mi. 115.7), not at Wayah Bald.
- Pg. 207:** Ron Haven's shuttles are for guests only.
- Pg. 210:** Budget Inn's address is 193 South Main St. (not "East"). Dill's Food City has closed.
- Pg. 211:** Three Eagles Satellite store in Hiwassee has a new phone number: 706-896-7078. New since last emailed update (7/26/2013)

Updates and trail-related issues are discussed on the facebook page: [www.facebook.com/theATguide](http://www.facebook.com/theATguide).

Southbound hikers: please let me know about places where trail markings are unclear.

Visit [www.TheATguide.com](http://www.TheATguide.com) for more hike planning info and gear lists.